

Job Requirements Checklist

Please select from the following Alpha 3-Lettering Code System below so we can determine your eligibility for the Industrial Electrical Journeyman Position. Failure to complete the Checklist will exclude you from the interview process.

- A - Minor – I have no limitations
- B - Moderate – I have some limitations
- C - Major – I have limitations

PHYSICAL DEMAND

	Code				Code
Strength			Reaching		
Standing	_____		Handling	_____	
Walking	_____		Fingering	_____	
Sitting	_____		Feeling	_____	
			Throwing	_____	
		<i>Code</i>	Eye-Hand Coordination	_____	
Lifting	<u>100 lb.</u>	_____	Foot-Hand-Eye Coordination	_____	
Carrying	<u>100 lb.</u>	_____	Other _____	_____	
Pushing	<u>100 lb.</u>	_____			
			Communicating		
Climbing			Ordinary	_____	
Stairs	_____		Other _____	_____	
Ladders	_____				
Other _____	_____		Hearing		
Balancing	_____		Ordinary	_____	
			Other _____	_____	
Stooping					
Kneeling	_____		Seeing		
Crouching	_____		Acuity - Near	_____	
Crawling	_____		Acuity - Far	_____	
Turning/Twisting	_____		Depth Perception	_____	
Bending at Waist	_____		Accommodation	_____	
Other _____	_____		Color Vision	_____	
			Field of Vision	_____	
			Other _____	_____	

PHYSICAL CONDITION

Working Area	Code		
Inside	_____		
Outside	_____		
Humidity or Damp	_____	Code	
Unavoidable Hazards			
Mechanical	_____		
Electrical	_____	Moving objects	_____
Heights	_____		
Cramped quarters	_____		
Other _____	_____		

REQUIREMENTS

	<i>Code</i>
Understand and carry out oral instructions	_____
Read and carry out simple written instructions	_____
Read and carry out complicated instructions	_____
Read and interpret detailed prints, sketches, layouts, specifications, etc	_____
Use hand power tools	_____
Assemble or disassemble objects	_____
Perform repair and maintenance of equipment	_____
Perform at journeyman electrical level	_____
Properly use a Bandsaw to cut conduit, uni-strut straight & square	_____
Use Rigid Power Power Pony Threader for threading rigid conduit	_____
Use Chicago Style Bender for rigid conduit	_____
Lift and carry 100 lbs	_____
Crawl on hands and knees for extended periods of time	_____
Climb over and under conveyor 3' off of finish floor	_____
Climb ladder safely	_____
Work with rigid conduit overhead	_____
Motor control wiring (e.g., photoeye, MSD, multiwire control stations)	_____
Work with 480 volt wiring	_____
Properly pull motor leads and control wires	_____
Install junction boxes	_____
Termination motor controls	_____
I/O Check out/Terminating	_____
Wire Way	_____
Static Check	_____
Use of PPE	_____
Plan work activities of others	_____
Direct work activities of others	_____
Coordinate work activities of others	_____
Train other workers	_____
Work alone	_____
Work as a member of a team	_____
Work without supervision	_____
Work with minimum amount of supervision	_____
Work under pressure	_____
Work rapidly for long periods	_____
Work on several tasks at the same time	_____

Print Name

Signature

Date

Date of Birth